



HEALTH PORTFOLIO

WE BELIEVE THAT:
AGING WELL IS A CHOICE
AND HEALTH IS MUCH MORE THAN THE ABSENCE OF DISEASE.



THE FUTURE
OF MEDICINE IS
NOW

ACHIEVE
AGELESS VITALITY



HEALTH PORTFOLIO

The PearlMD 5P Approach **04**

Regenerative Care **05**

Complete Care **06**

Precision Care **07**

Vitality+ Focus **08**

Hormone Focus **09**

ReShape Body by PearlMD **10**

Specialized Services **11-12**

AGELESS VITALITY



PEARLMD REJUVENATION HEALTH PORTFOLIO



THE MOST COMPREHENSIVE WELLNESS
OFFERING TO HELP YOU LIVE LONGER YOUNGER.

OUR APPROACH



THE PEARLMD “5P APPROACH” IS OUR PILLAR

The Pearl^{MD} 5P Approach

Preventative

Proactive

Personalized

Precision

Partnership

A NEW PARADIGM OF CARE TO PROACTIVELY
MANAGE YOUR HEALTH, VITALITY AND AGING.



Regenerative Care

PearlMD Regenerative care offers the most advanced option to help you age you live longer younger. With biomarkers guiding the key pillars for your successful aging, this comprehensive personalized program delivers precision and longevity medicine. Our 5P approach ensures that care is personalized, precise, preventative, proactive, as we partner to reach your goals

\$12,500

Annual Women's Health Program
Functional Assessment with Quarterly Follow-up
Hormonal & Metabolic Optimization
Genomic, Nutritional, Metabolic, Gut-Immune Profile
Longevity Extension Focus
Advanced Cardiac Assessment
Personalized Nutrition & Lifestyle Medicine
Gene Based Medicine & Bespoke Beauty
Stem Cell Harvesting & Regenerative Therapy
Health Navigation and Concierge Care



Preventative Care

- Integrative Health
- Comprehensive Care
- Functional Medicine
- Quarterly Follow-up
- Gene Based Care
- Personalized
- Preventive

Well Women Care

- Expert Women's Health Care
- Hormone Optimization
- Reproductive Health & Aging
- Advanced Screening
- Risk Management
- Cardiometabolic Health
- Gut-Immune Health
- Regenerative Care
- Custom Skin Care

Regenerative Care

- Longevity Focus Care
- Geroprotection
- Telomere Testing
- PRP Regenerative Therapy
- Stem Cell Harvesting

Hormone Optimization

- Hormone Profile
- Estrogen Metabolism
- Androgen Support
- Thyroid, Adrenal, Pancreas



Health Advisory

- Concierge Care
- Nurse Case Manager
- Health Navigation
- Health Advocacy
- Expert Second Opinion
- World Care Health Consortium

Multi-Disciplinary Care

- Women's Health
- Functional Medicine
- Gene based Health Plan
- Nurse Case Management
- Health & Lifestyle Coaching
- Skin Care Expert

CardioMetabolic

- Advanced Lipid Profile
- Cardiovascular Risk Score
- Cardiac Stress Test*

Genomic Profiling

- Lifestyle Genomic Profiling
- Estrogenomics & Metabolism
- Methylation & Detoxification
- Biological Age & Telomere Test

Concierge Care

- Rx Management
- Referral Service
- Urgent Care
- Health Advisory

Comprehensive Testing

- Specialty Lab Testing
- Hormonal Assessment
- Metabolic Biomarkers
- Advanced Lipids & Cardiovascular Risk Markers
- Gut-Immune Profile
- Micro-nutrient Profile
- Food Sensitivity and Zonulin
- Biological Age & Telomere Test
- Gynecological Testing
- Diagnostic Imaging
- Customized Skin Analyss

Personalized Nutrition

- Advanced Functional Nutrition
- Custom Micro-nutrient Therapy
- Personalized Diet
- IV Vitamin Therapy
- Vitamin Boosts



VIPearlMD Membership

- Ageless App
- Exclusive Events
- Birthday Experience



Complete Care

PearlMD Complete Care offers a comprehensive approach to personalized health management. With gene based health and lifestyle plan and personalized nutritional support, complete care addresses the cornerstones of health to help you age your best.

\$8,500

Annual Women’s Health Program
Functional Assessment with Quarterly Follow-up
Hormonal & Metabolic Optimization
Gene based Health Plan
Nutritional, Metabolic, Gut-Immune Profile
Personalized Nutrition & Lifestyle Medicine
Concierge Care



Preventative Care

- Integrative Health
- Comprehensive Care
- Functional Medicine
- Quarterly Follow-up
- Gene Based Care
- Personalized
- Preventive

Well Women Care

- Expert Women’s Health Care
- Hormone Optimization
- Advanced Screening
- Risk Management
- Cardiometabolic Health
- Gut-Immune Health

Comprehensive Testing

- Specialty Lab Testing
- Hormonal Assessment
- Metabolic Biomarkers
- Gut-Immune Profile
- Micro-nutrient Profile
- Food Sensitivity and Zonulin
- Gynecological Testing
- Diagnostic Imaging
- Customized Skin Analyss



Multi-Disciplinary Care

- Women’s Health
- Functional Medicine
- Gene based Health Plan
- Nurse Case Management
- Health & Lifestyle Coaching
- Skin Care Expert

Hormone Optimization

- Hormone Profile
- Estrogen Metabolism
- Androgen Support
- Thyroid, Adrenal, Pancreas

Health Advisory

- Concierge Care
- Nurse Case Manager
- Health Navigation
- Health Advocacy
- Expert Second Opinion
- World Care Health Consortium

Genomic Profiling

- Lifestyle Genomic Profiling
- Estrogenomics & Metabolism
- Methylation & Detoxification



Personalized Nutrition

- Advanced Functional Nutrition
- Custom Micro-nutrient Therapy
- Personalized Diet
- IV Vitamin Therapy
- Vitamin Boosts

Concierge Care

- Rx Management
- Referral Service
- Urgent Care
- Health Advisory

VIPearlMD Membership

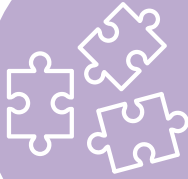
- Ageless App
- Exclusive Events
- Birthday Experience



Precision Care

PearlMD Precision Care offers a customizable approach to precisely target your health needs, risks and preferences. Shaped by your biomarkers and matched to your needs and goals we help you optimize your health, vitality and longevity with a custom tailored approach.

\$6,500+



Advanced Women's Health
Functional Assessment with Quarterly Follow-up
Hormonal & Metabolic Optimization
Personalized Nutrition & Lifestyle Medicine
Health Advisory & Concierge Care
Build your Own Options

Well Women Care

- Expert Women's Health Care
- Hormone Optimization
- Advanced Screening
- Risk Management
- Cardiometabolic Health
- Gut-Immune Health

Multi-Disciplinary Care

- Women's Health
- Functional Medicine
- Nurse Case Management
- Health & Lifestyle Coaching
- Skin Care Expert

Preventative Care

- Integrative Health
- Comprehensive Care
- Functional Medicine
- Quarterly Follow-up
- Personalized
- Preventive

Health Advisory

- Nurse Case Manager
- Health Navigation
- Health Advocacy
- Expert Second Opinion

Concierge Care

- Rx Management
- Referral Service
- Urgent Care
- Health Advisory

Comprehensive Testing

- Specialty Lab Testing
- Hormonal Assessment
- Metabolic Biomarkers
- Gut-Immune Profile
- Micro-nutrient Profile
- Food Sensitivity and Zonulin
- Gynecological Testing
- Diagnostic Imaging
- Customized Skin Analysis

Hormone Optimization

- Hormone Profile
- Estrogen Metabolism
- Androgen Support
- Thyroid, Adrenal, Pancreas

Personalized Nutrition

- Advanced Functional Nutrition
- Custom Micro-nutrient Therapy
- Personalized Diet
- IV Vitamin Therapy
- Vitamin Boosts

VIPearlMD Membership

- Ageless App
- Exclusive Events
- Birthday Experience



Regenerative + | \$3500

- Telomere Testing
- Stem Cell Harvesting
- Light Therapy
- Exosome Therapy (face/scalp)
- Longevity Rx (NMN+)
- iv NAD+ Therapy



Genomic Profiling | \$3500

- Whole Genome Sequencing
- Rare Disease Screening
- Breast Cancer Gene Panel
- Lifestyle Genomics
- Genomic Consultation



Advanced Cardiac | \$3500

- Advanced Cardiac Biomarkers
- Complete Lipid Profile
- Cardio-Metabolic Assessment
- CT Angiogram *
- Coronary Calcium Score*



Advanced Screening | \$3500

- Whole Body MRI
- Advanced Cancer Screening
- Advanced Imaging
- Cancer Biomarkers
- Cancer Advisory

Vitality Focus

PearlMD Vitality+ offers a medically directed wellness plan designed to help you achieve your best health. With an integrative and preventative focus this wellness program combines women's health management with a personalized lifestyle plan.

\$4,000

**Annual Women's Health Program
Functional Assessment with Quarterly Follow-up
Hormonal & Metabolic Optimization
Personalized Lifestyle Plan
Wellness Focus**



Wholistic Preventative Care

- Integrative Health
- Functional Medicine
- Quarterly Follow-up
- Hormone Health

Well Women Care

- Expert Women's Health Care
- Hormone & Health Optimization
- Women's Health Screening

Multi-Disciplinary Care

- Women's Health
- Functional Medicine
- Nurse Case Management
- Health & Lifestyle Coaching

Concierge Care

- Prescription Management
- Appointment Management
- Concierge Patient Service

Comprehensive Testing

- Specialty Lab Testing
- Hormonal Assessment
- Metabolic Biomarkers
- Gynecological Testing
- Diagnostic Imaging
- Customized Skin Analysis

Hormone Optimization

- Hormone Profile
- Estrogen Metabolism
- Androgen Support
- Thyroid, Adrenal, Pancreas

VIPearlMD Membership

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Hormone Focus



PearlMD Hormone Optimization is a Nurse-led wellness program designed to optimize hormonal health and reproductive aging.

\$2,500

**Annual Hormone Health Program
Functional Assessment with Quarterly Follow-up
Hormonal Optimization
Nurse Led Care**

Wholistic Preventative Care

- Integrative Health
- Functional Medicine
- Quarterly Follow-up
- Preventive Health

Well Women Care

- Nurse Led Care
- Hormone Optimization
- Women's Health Screening

Multi-Disciplinary Care

- Women's Health
- Functional Medicine
- Nurse Case Management
- Health & Lifestyle Coaching

Concierge Care

- Prescription Management
- Appointment Management
- Concierge Patient Service

Comprehensive Testing

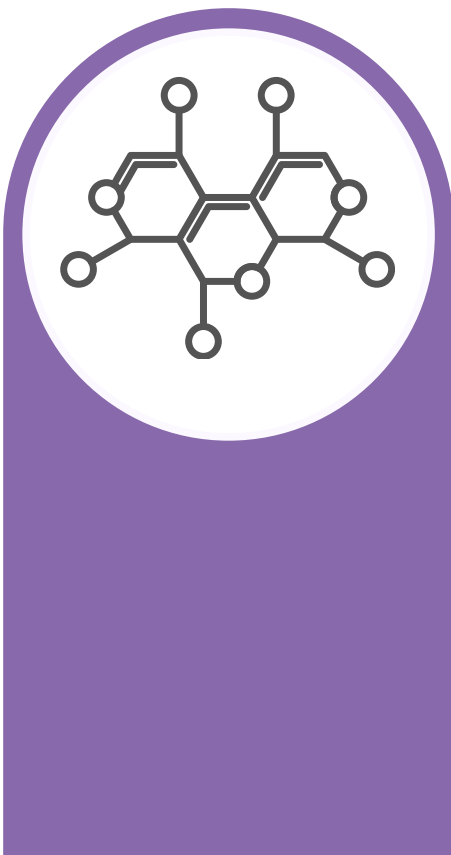
- Hormonal Assessment
- Metabolic Biomarkers
- Body Composition Testing
- Customized Skin Analysis

Hormone Optimization

- Hormone Profile
- Estrogen Profile
- Androgen Profile
- Thyroid, Adrenal, Pancreas

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Body *Pearl*^{MD} by PearlMD



RESHAPE (12 WK)

\$2500

ReShape is a 12-week medically directed integrative weight loss program designed to help you achieve your body's best and optimize your metabolic health.



RESHAPE ULTIMATE (12 WK)

\$6000

ReShape Ultimate is a 12-week gene driven, medically supervised weight loss program combined with a personalized nutrition to help you achieve your body's best. The customized weight loss plan is combined with body contouring sessions and metabolic boost therapy to optimize your metabolic health, weight and shape.



BODY BLAST (6 WK)

\$2500

Body Blast is a 6-wk intensive weight management program that combines weekly health coaching, a personalized nutritional plan with three body contouring treatments and medication management.



Specialized Care



Prime | \$2500

- Advanced Maternal Health 12 wks
- Functional Medical Assessment
- Preconceptual Care
- Fertility Optimization
- Ovarian Reserve Testing
- Lifestyle Genomics
- Methylation Assessment



Peak Performance | \$2500

- Athletic Performance Optimization 12 wks
- Functional Medical Assessment
- Metabolic Support
- Hormonal Health
- Advanced Nutritional Support
- iv Nutritional Therapy (x1)
- Metabolic Boost (x 2)



ReBalance | \$2500

- Mind Body Reset 12 wks
- Functional Medical Assessment
- Stress Management
- Behavioural Therapy
- Guided Breathe Work
- Lymphatic Reset (x4)

Specialized Profiles



PERSONALIZED NUTRITION

\$1500

This multi-dimensional profile assesses the gut-immune and micro-nutrient profiles. Markers of increased gut permeability and inflammation along with a detailed profile of food sensitivities and micro-nutrient deficiencies allows for a personalized rotational elimination diet and the formulation of a precision nutritional supplement.

IMMUNE & HYPERSENSITIVITY PROFILE

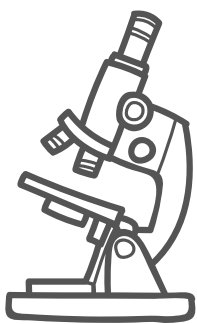
\$1500

This profile includes complete histamine testing, auto-immune profiling, celiac testing and food allergy testing.

OVARIAN RESERVE ASSESSMENT

\$500

The assessment of reproductive aging and the ovarian reserve includes clinical testing at 3 points during the cycle and soographic assessment of the ovarian follicular count.



Specialized Experiences



THE FOUNTAIN

A MEDICAL VITALITY RETREAT CONCEPT

The first of its kind Medical Vitality Concept bringing together the best of luxury travel with a bespoke medically directed wellness experience. The Fountain is offered as destination retreats in exclusive settings with an unparalleled offering of health and wellness services designed to meet your individual needs and guide at all stages of your journey.

AGELESS BY PEARLMD

A BESPOKE MEDICAL VITALITY APP

Ageless by PearlMD is a proprietary Medical Vitality App (powered by iOS and Android) and available only by subscription with customized content, medical guidance and support delivered to your inbox daily.

HEALTHSPAN DIGITAL

AI POWERED LONGEVITY

PearlMD is proud to offer a first of its kind digital platform and marketplace offering a hand picked set of longevity therapeutics and advanced care options.



Shop PearlMD



PEARLMD SKIN CARE RX

A BESPOKE MEDICAL VITALITY APP

A proprietary medical grade skin care portfolio free of toxins and optimized to target the most common skin conditions and needs. The bioactive ingredients include peptides, growth factors and anti-oxidants customized as a bespoke beauty offering.



PEARLMD HEALTH SUPPLEMENTS

FOOD BASED CAPSULES OF WELLNESS

PearlMD health supplements are food based pharmaceutical grade solutions formulated to offer the optimal dose, combination and form of target nutrients for health optimization.

shoppearltrejuvenation.com



Connect with us



PEARLS OF WISDOM

Sign up to receive our latest news, articles, events and promotions in your inbox with our monthly newsletter; Pearls of Wisdom. Sign up [here](#).



PEARLMD CONNECT

Connect with us on all our social and digital platforms including Instagram and our app Ageless by PearlMD available on iOS and android.



PEARLMD VIRTUAL

We offer a secure and fully integrated virtual health platform to ensure access to care. Virtual health services are available for many but not all aspects of care and it may be necessary to arrange in person care to properly assess, examine, test and treat certain conditions and cases.

Start your Journey now!



WELCOME BOOK

Start your journey to Ageless Vitality by scanning the QR code and completing our Welcome Book and Informed Consent document.



HEALTH INTAKE

Our team will guide you through a comprehensive health intake process to ensure we are able to provide the utmost of personalized care. The health intake form can be found [here](#).



AGELESS SCORE

To age well requires first that we know how well you are aging. Start your journey by completing a 5-minute test to score your biological aging pattern. You can determine your ageless score by completing the quiz [here](#).